

THE WORKSHOPS

Oddbodies can offer workshops to suit all levels of experience and ability – from people wanting to have a fun and creative experience right through to actors and students needing to develop their skills in characterization, devising and performance.

Drawing on a variety of physical theatre techniques, the workshops provide an environment in which participants can develop an awareness of body and voice that allows them to create, express and communicate freely.

Using the body to stimulate creativity, the work explores how movement generates feeling and how feeling develops the imaginative world.

Through the use of psychological gestures and moving centres, the work enables participants to access and inhabit the inner life of the character. There is a strong emphasis on improvisational skills; play, spontaneity and interaction between the performers.

The workshops can be tailored to suit specific requirements. The practical and adaptable qualities of the work make it particularly appropriate for developing devising and performance skills – invaluable for the exploration and development of characters, either devised or taken from a given text and can be used to augment performance work already in progress.

THE PRACTICALITIES

- A large room hall or studio space – well lit, sound proofed and preferably not carpeted
- A maximum of 25 participants per session
- The workshops are available as half-day, full-day or residencies
- Oddbodies can also offer INSET days for practitioners and teachers

THE PRACTITIONERS

Oddbodies' members are highly experienced practitioners and have been leading workshops and residencies at schools and colleges throughout the UK and internationally over many years.

Oddbodies has had long standing associations with The City Literary Institute in London, The Royal Academy of Dancing (UK and Europe), the Chapito Company in Lisbon and the Western State University in Connecticut. Company members have been involved in regular teaching and directing projects at a number of leading Drama Colleges in London including the Academy of Live and Recorded Arts, Rose Bruford, Guildhall, Arts Educational, East 15 and the Circus Space.

TESTIMONIALS FROM PAST WORKSHOPS

'Oddbodies' John Mowat and Paul Morel are responsible for many years of high quality, imaginative and greatly appreciated workshops at the City Lit. A whole generation of young actors have taken their first steps in these classes.' - **Val Colgan, The City Lit**

'Paul's work with character development gave our students the push that they needed in their performance skills, his professional qualities are undeniable.' - **Tim Roberts, The Circus Space**

'Paul Morel's high energy exercises, together with his concise exposition, left the students and staff wanting us to include the workshop into the full-time curriculum, and Paul as a full-time professor.' - **Michael A. Hartel, Western Connecticut State University**

'Oddbodies' residency and Paul Morel's workshops have been an inspiration to our students. They have shown them how to use their bodies with openness, imagination and invention' – **Dave Morris, Head of Drama Oxted School**

